

# Practice Routine No. 2

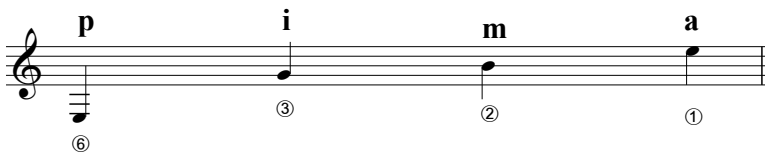
\*Be sure to tune before each practice.

## 1. Left hand exercises:

Starting with 4			Starting with 3			Starting with 2			Starting with 1		
4-3-2-1	4-2-1-3	4-1-3-2	3-2-1-4	3-1-4-2	3-4-2-1	2-1-4-3	2-4-3-1	2-3-1-4	1-4-3-2	1-3-2-4	1-2-4-3
4-3-1-2	4-2-3-1	4-1-2-3	3-2-4-1	3-1-2-4	3-4-1-2	2-1-3-4	2-4-1-3	2-3-4-1	1-4-2-3	1-3-4-2	1-2-3-4

## 2. Right hand arpeggio exercises:

Set fingers on these strings:



### Patterns:

- #1: p-i-m-a
- #2: p-i-a-m
- #3: p-m-a-i
- #4: p-m-i-a
- #5: p-a-i-m
- #6: p-a-m-i
- #7: p-i-m-a-m-i
- #8: p-a-m-i-m-a

These eight patterns can be played:

- A: Across the four strings.
- B: Playing the first two fingers simultaneously.  
ex.: p-i-m-a = p and i at the same time, then play m, a.
- C: On a single string

## 3. Rasgueado (strumming) exercises to the *Farrucas* chord progression.

Strum with *i*.

 2 1 down - up	 2 1 3 down - up	 2 1 4 down - up	 2 1 4 down - up	 2 3 1 down s-a-m down down
 2 3 1 down s-a-m down up down up	 2 3 1 down s-a-m down down	 2 1 down G up down up down up	 2 3 1 down s-a-m down rest	Repeat entire progression

## 4. Practice playing and naming the notes in the first position.